

ABSTRACT OF THE DISCLOSURE

Disclosed is a clipless bicycle pedal system for safely securing the rider's shoe to the pedal by providing an easily targeted pedal platform, wherein engagement and disengagement of the rider's cleated shoe is co-axial with the pedal, resulting in a true "no look" engagement method. Additionally, the pedal provides for float incorporating axial side-to-side motion, as well as twist motion. This combined twist and axial float provides a wide range of free motion that further reduces the chance of injury and better simulates total freedom of leg/ foot joint action by not limiting joint movements to an axially fixed connection of the pedal to the rider's shoe.

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